

# ISOLATION ROOM

THIS ROOM HAS A **PERSONAL PROTECTION KIT** WITH MASK AND DISPOSABLE GLOVES, THERMOMETER, ANTISEPTIC SOLUTION FOR DISINFECTION, WATER BOTTLES AND PARACETAMOL PILLS.



CHECK YOUR TEMPERATURE AND, IN CASE OF FEVER, TAKE THE PARACETAMOL PILLS.



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THERE IS A PHONE WITH EXTERNAL CONNECTION IN THIS ROOM SO THAT YOU CAN IMMEDIATELY CONTACT WITH THE 24 HEALTH LINE AND REPORT YOUR HEALTH CONDITION. The health professional will ask you about the symptoms and possible epidemiological connection compatible with a suspected case of COVID-19.



**YOU MUST USE GLOVES AND MASK.** Adjust the mask to the face to allow the complete occlusion of the nose, mouth and lateral areas of the face. Whenever the mask is damp should be replaced by another.



WHENEVER REPLACING GLOVES, MASKS OR OTHERS MATERIALS (EG, PAPER TISSUES OR WIPES) THAT MAY BE CONTAMINATED, DEPOSIT THEM IN THE TRASH CONTAINER WITH PEDAL, THAT IS INSIDE THE ROOM.



THE CONTACT BETWEEN THE PERSON IN ISOLATION AND THOSE RESPONSIBLE FOR THE CONTINGENCY PLAN MUST BE MADE BY TELEPHONE.

MÁRCIA VILA VALÉRIO: 962 192 128  
MANUELA CASTRO: 926 534 706  
RICARDO GERALDES: 925 665 765



## TRY TO KEEP CALM!

WHILE WAITING FOR THE ARRIVAL OF THE MEDICAL EMERGENCY OR 24 HEALTH GUIDANCE, YOU SHOULD STAY INSIDE THE ROOM, AVOIDING ANY CONTACT WITH COLLEAGUES OR OTHERS, KEEPING THE DOOR CLOSED. THE ACCESS TO THIS ROOM FOR ANY OTHER PERSON WILL BE DISCONTINUED.

## AFTER EVALUATION, 24 SNS WILL INFORM WHETHER OR NOT IT IS A SUSPECTED CASE:



**NO SUSPECTED CASE FROM COVID 19**  
24 SNS WILL DEFINE THE SUITABLE PROCEDURES FOR YOUR CLINICAL SITUATION.



**COVID-19 SUSPECTED CASE: THE 24 SNS WILL CONTACT THE MEDICAL SUPPORT LINE, OF THE GENERAL DIRECTORATE OF HEALTH, TO VALIDATE THE SUSPICION. THIS VALIDATION MAY RESULT IN:**

### NOT VALIDATED SUSPECT CASE

This closes the process for COVID-19. The SNS 24 will define the appropriate procedures to be followed by the patient. The patient will inform the responsible for the Contingency Plan of the non-validation, and the latter shall inform the administration.

### SUSPECT CASE VALIDATED

24 SNS informs the Medical Emergency (INEM) and the Regional Health Authority, that begins the epidemiological investigation and management of contacts. You must remain in the "isolation" area with the mask, (provided that the health condition allows you to do so), until the arrival of the Medical Emergency (INEM), which will ensure the transportation to the hospital, where biological samples will be collected for laboratory tests.